

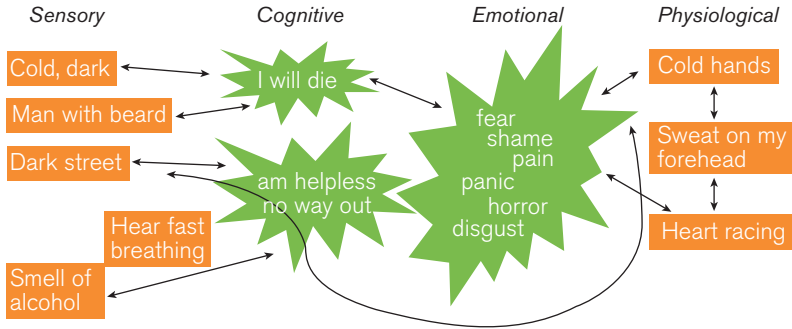
■ **FIGURE 7.8** Sensory, Cognitive, Emotional, and Physiological Processes Involved in Experiencing Stress

This figure shows a schematic outline of an exemplary network of propositions implemented as “Trauma Network.” In PTSD, the border between “hot” and “cold” memory elements (thick black line) is firm and prevents the integration of emotional and autobiographical memories. Additional experiences add to the “hot” elements but not to the context, thereby strengthening the separation of the two memories.

Source: Rockstroh & Elbert (2010, p. 15), with permission from Elsevier.

Example of the seed of a ‘trauma network’

Elements of ‘hot’ memory



Elements of ‘cold’ autobiographical memory

I worked as
secretary

I lived in
Berlin

It was shortly
before Christmas

I had left the
office late